

Factors that Influence Students' Attention

Increase Intrinsic Motivation (Keep attention up to 90 minutes)	Increase Boredom and Aversion (Keep attention for 10 minutes or less)
Options: <ul style="list-style-type: none"> • Provide choices within lessons and during the day whenever possible 	Compulsory: <ul style="list-style-type: none"> • 100% required tasks • Student input is not allowed or valued • Tasks are teacher directed
Applicable: <ul style="list-style-type: none"> • Create authentic learning scenarios so students can relate it to their real lives 	Unrelated: <ul style="list-style-type: none"> • Impersonal and disconnected • The learner does not know how the "work" applies to his/her life
Engaging: <ul style="list-style-type: none"> • Provide tasks that require the student to work on processes • Incorporate movement whenever possible 	Passive: <ul style="list-style-type: none"> • Teacher seldom interacts with students • Students work individually • Instruction is primarily whole group lecture and seatwork
Clarity: <ul style="list-style-type: none"> • Use clear and precise language • Explicitly model the process or procedure • Provide a mental model • Clearly state the purpose/objective • Create common references with anchor lessons • Give ongoing feedback compared to the goal you are working towards 	Ambiguity: <ul style="list-style-type: none"> • Learner is looking for boundaries • Purpose and objective are a secret • Student uses time trying to "read the teacher's mind" • Learner is unsure how they are doing compared to the goal you are working towards
Mutual Respect: <ul style="list-style-type: none"> • Show personal interest • Use courteous language and actions • Accept others' feelings • Give "wait time" or time for students to think • Provide individual help • Teacher is "real" • Words are carefully selected • Low level of stress 	Teacher Knows All: <ul style="list-style-type: none"> • Teacher is "fountain of knowledge" • Tone is bitter and sarcasm is often used • Words are hasty and not thought through • Teacher always "wins" • High level of stress

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