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JUMPSTARTERS for

GRADES
4-8+

U.S. History

SHORT DAILY WARM-UPS
FOR THE CLASSROOM

REVOLUTION



EXPLORERS

TECHNOLOGY

FREEDOM & SLAVERY

BY LINDA ARMSTRONG

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U.S. History Warm-ups

The Land and First People



Name/Date _____

The Land and First People 1

Circle the names of rivers. (Names may continue in the next row.)

MISSISSIPPIREOHIOSPMISSOURI
MECOLORADOCOLUMBIARIOGRAN
DESACRAMENTOPOTOMACSTHUDS
ONSTLAWRENCESNAKEYUKONDID

Name/Date _____

The Land and First People 2

In Utah, Arizona, New Mexico, and Western Colorado, atlands can be a mile high. Circle the name of this lofty geographic region.



- | | |
|-----------------|-------------------|
| Colorado Desert | Colorado Plateau |
| Great Plains | Mississippi Delta |

Name/Date _____

The Land and First People 3

Unscramble these geographical features.

- CKYRO UAINMOSNT _____
- TEAGR KELAS _____
- EGATR LNPAS _____
- NCTAATLI OANCE _____
- FICCIPA EOCAN _____
- IIISPMPSSS ELADT _____



Name/Date _____

The Land and First People 4

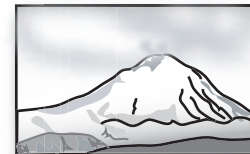
In Latin, *insula* means island and *pen* comes from a word root that means *almost*. Circle the name of the state that is a peninsula.

- | | | |
|------------|---------|----------|
| Oregon | Ohio | Florida |
| California | Arizona | New York |

Name/Date _____

The Land and First People 5

Many states have volcanoes, but only one state is a chain of volcanoes. Which one is it?



- | | | |
|------------|------------|--------|
| Hawaii | Alaska | |
| Washington | California | Oregon |

U.S. History Warm-ups

The Land and First People



Name/Date _____

The Land and First People 6

Unscramble the name of an ancient mountain range in the eastern United States.

CNPLAIAPAHA TAOUNNSIM

Name/Date _____

The Land and First People 7

Some of the first Americans came from Asia to Alaska across a land bridge now flooded by the ocean. Circle the location of this land bridge. (Names may continue in the next row.)

ATLANTICOCEANCABBERINGSTRA
ITFOPACIFICOCEANFUNLAKEMICHIGAN

Name/Date _____

The Land and First People 8

Circle the names of five Native American tribes of the Great Plains. (Names may continue in the next row.)



TABLECROWSIOUXPHONEDANCEPAWN
EEPEACECHAIRCHEYENNEOSAGEPIPE

Name/Date _____

The Land and First People 9

The Mohawk, Oneida, Onondaga, Cayuga, and Seneca tribes formed a confederacy. The Five Nations League solved arguments and decided when to go to war. Unscramble the name of the language they spoke.

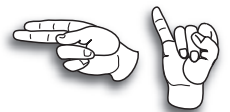
QUORSOII _____

Name/Date _____

The Land and First People 10

Circle the method Plains tribes used to send secret messages to friends across long distances.

- cell phones
- sign language
- smoke signals
- stone tablets



U.S. History Warm-ups

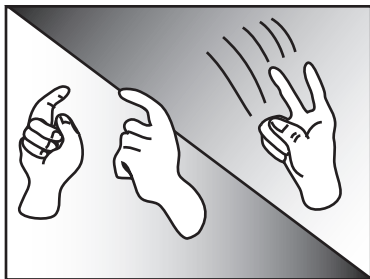
The Land and First People



Name/Date _____

The Land and First People 11

Why did Native American tribes invent hand signals?



Name/Date _____

The Land and First People 12

Circle the names of six types of Native American homes. (Words may continue in the next row.)



PUEBLOBUFFALOWICKIUPRIVERTE

PEELONGHOUSEHOGANOAKWIGWAM

Name/Date _____

The Land and First People 13

Unscramble four Native American uses for buffalo.

ODFO _____

HLRSTEE _____

THNGCLIO _____

ELFU _____



Name/Date _____

The Land and First People 14

Many Native American activists object to the celebration of Columbus Day. Why?

Name/Date _____

The Land and First People 15

Unscramble the names of six Native American leaders.

TEALETs _____

STCHUMEE _____

CCHSEOI _____

IMORENOG _____

TNSITIG BLUL _____

ZRYCA OREHS _____

U.S. History Warm-ups

The Land and First People



Name/Date _____

The Land and First People 16

Circle and write the names of two famous Native American women.

PRINTERCJLOSPOCAHONTASDIANETERESASACAGAWEARRAELOOU



Name/Date _____

The Land and First People 17

Draw a line from each raw material to its corresponding Native American product.



- | | |
|----------|-----------------|
| mud | fringed dresses |
| grass | baskets |
| fur | pots |
| deerskin | warm robes |

Name/Date _____

The Land and First People 19

Archaeologists have found macaw feathers and paintings of parrots in Anasazi ruins. From which country did they come? Circle the source. (Names may continue in the next row.)

FRANCEINDIACHINAGERMANYCEN
TRALMEXICOGREATBRITAIN

Name/Date _____

The Land and First People 18

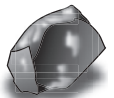
Unscramble the names of four animals Native Americans hunted.

- FAOUFLB _____
- REDE _____
- SSLEA _____
- ABER _____

Name/Date _____

The Land and First People 20

Obsidian is a sharp, glassy rock created in volcanoes. Circle three things Native Americans made out of obsidian. (Words may continue in the next row.)



TELEVISIONSARROWHEADSHOU
SESPEARPOINTSBASKETSKNIVES

U.S. History Warm-ups

The Land and First People



Name/Date _____

The Land and First People 21

Native American tribes of California ground acorns to make bread. Circle the kind of tree that was a common source near their homes.



pine oak cottonwood r birch

How did Native Americans grind seeds and grains?

Name/Date _____

The Land and First People 23

Name something a coastal tribe could trade with an inland tribe.

Name/Date _____

The Land and First People 25

Why did Native Americans of the Great Plains live in tepees instead of wooden houses?



Name/Date _____

The Land and First People 22

Why did Native American farmers of the Northeast sometimes plant dead sh with their corn and squash seeds?

Name/Date _____

The Land and First People 24

Name a possible Native American use for seashells.



U.S. History Warm-ups

The Land and First People



Name/Date _____

The Land and First People 26



Unscramble the words and write the names of the foods eaten by Native Americans of the Northeast.

ESTSHNUTC _____

BIEERTRARSWS _____

LWID ICRE _____

FSHI _____

URETYK _____

Name/Date _____

The Land and First People 27

Circle the names of the foods that were first cultivated by Native Americans and later spread around the world. (Words may continue in the next row.)

ICECREAMSWEETPOTATOCORNSODASQUA
SHTOMATOPUMPKINSROASTBEEF

Name/Date _____

The Land and First People 28

Why did European diseases kill more Native Americans than Europeans?

Name/Date _____

The Land and First People 29

Unscramble the mixed-up word in each sentence.

Sequoyah invented writing for the HECEOKER language.

Each symbol in Sequoyah's system stood for a LSABYLEL.

Name/Date _____

The Land and First People 30

Circle three sentences that are true.

Native American tribes traded seeds with each other.

Native American tribes never traded seeds with each other.

Native American tribes stored seeds from year to year.

Native American women cared for the crops.

Native American children never worked outdoors.



U.S. History Warm-ups

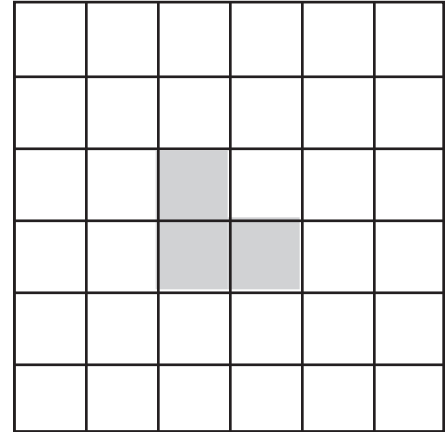
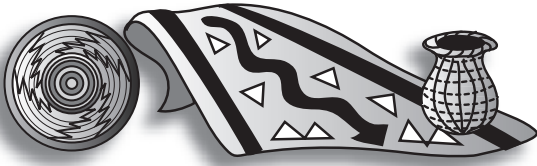
The Land and First People



Name/Date _____

The Land and First People 31

Native Americans often decorated pots and baskets with symmetrical designs. Shade in squares to make this design symmetrical.



Name/Date _____

The Land and First People 32

What did Native Americans use to carry and store water?

Name two water sources for Native Americans.

Name/Date _____

The Land and First People 34

You are a Native American standing on a beach watching a European ship arrive. On another sheet of paper, tell what you see, how you feel, what you hope, and what you do.



Name/Date _____

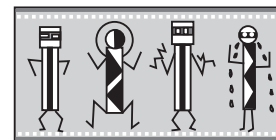
The Land and First People 33

Native Americans were often given names because of something that happened to them or something they did. Imagine you are called Red-in-the-Face. On another sheet of paper, explain how you got your name.

Name/Date _____

The Land and First People 35

Southwestern tribes created sand paintings for use in ceremonies. On another sheet of paper, explain the value of a work of art that lasts only a few hours or a few days.



U.S. History Warm-ups

The Land and First People



Name/Date _____

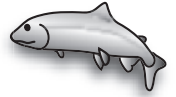
The Land and First People 36

How might Native American life in the Northeast be the same as Native American life in the Pacific Northwest?

Name/Date _____

The Land and First People 37

How might Native American life in Alaska be different from Native American life along the coast of California?



Name/Date _____

The Land and First People 38

In which region of the country would Native Americans use walrus tusks to make jewelry and sh hooks? Circle the answer.



Name/Date _____

The Land and First People 39

How might Native American life in Florida be different from life in a southwestern pueblo?

Name/Date _____

The Land and First People 40

How is your life the same as the life of a Native American child on the Plains? How is it different? Write your answer on another sheet of paper.

