

Comprehensive Handwriting Practice

Traditional Cursive

Included in Book

- Letter formation practice
- Word practice
- Sentence practice
- Sentences and short paragraphs about cross-curricular topics
- Alphabet tongue twister take-home booklet



Table of Contents

| Idolo | 7 |
|---|------------|
| | .5 |
| Introduction | 18 |
| Introduction Lowercase Letter Practice Lowercase Practice | 3/ |
| Introduction Lowercase Letter Practice Uppercase Letter Practice Uppercase Letter Veek | 25 |
| Lowercase Letter Practice | 28 |
| Uppercase Letter 1960. Days of the Week Months of the Year Birthdays around the World | 44 |
| Birthdays around the work | 47 |
| months of the gave Birthdays around the World | |
| In animals | 5 <i>T</i> |
| 3-D Figures | 62 |
| Joo Animals Landforms Rocks The Moon Skeleton | |
| The Moon | 74 |
| Rocks The Moon The Human Skeleton Explorers Tests | 78 |
| The Human Skills Explorers Fun Facts On Alems | 82 |
| Fun Facts | 85 |
| Explorers Fun Facts Word Problems Number Words | 89 |
| Word Problems Number Words Literary Genres L. Sentences | 93 |
| Number Words Literary Genres Kinds of Sentences Speech | 99 |
| Kinds of Sentences | |
| Literary Genres Kinds of Sentences Parts of Speech Prefixes and Suffixes | 109 |
| Prefixes and Suffixes | |
| Parts of Speech | |
| Prefixes and Sugge Figures of Speech Fact and Opinion | .//5 |
| Rooklet | |
| Fact and Opinion | |
| | |

Introduction

Comprehensive Handwriting Practice includes pages for practicing lowercase and uppercase cursive letter formation and writing words and sentences about cross-curricular, age-appropriate topics. Learning and developing good handwriting skills includes mastering proper letter formation, correct proportion, and consistent spacing between letters, words, and sentences.

During each handwriting practice session:

- Instruct each student to sit upright at a desk or table with feet flat on the floor.
- Allow each student to decide which hand is most comfortable for writing.
- Be sure that each student grips the writing instrument correctly.
- Instruct each student to slightly tilt the handwriting page.
- Supervise students closely so that you can correct mistakes early without having them redo exercises.
- Keep practice sessions short, ideally 5 to 15 minutes long.
- Provide encouragement to each student.

Tips for teaching letter formation:

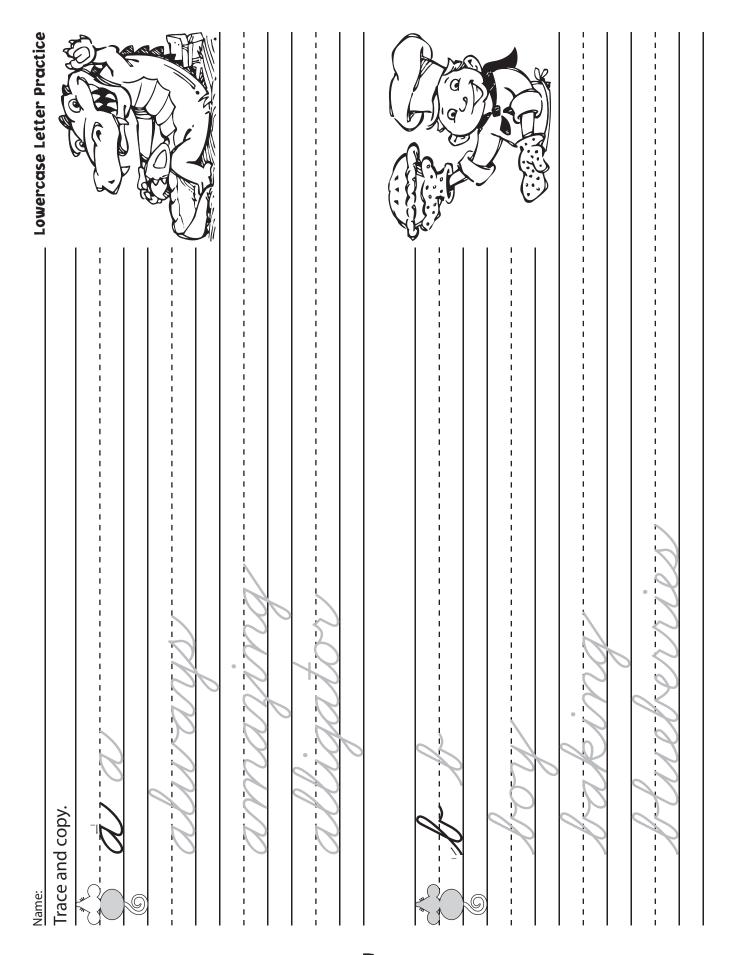
- Be sure students follow the arrows when practicing writing letters (Lowercase Letter Practice and Uppercase Letter Practice, pages 5–30).
- Using the letter practice pages, have each student trace each letter using his index finger before writing.
- Students can also practice writing letters in the air, in trays of sand or cornmeal, or with finger paint.
- Teach each student how to grip a writing instrument with the thumb and index finger close to the writing tip. The remaining three fingers should rest under the index finger.
- Encourage students to visualize how the letters look. Then, they can write the letters from memory.

Tips for teaching letter proportion:

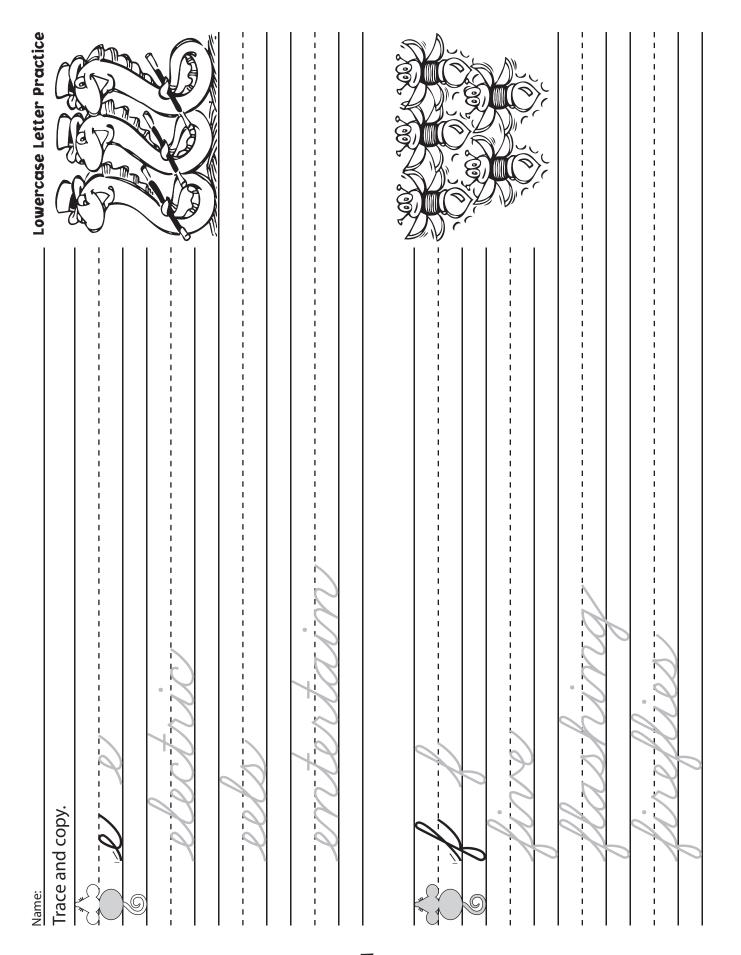
- Always use handwriting paper that has dashed middle lines.
- Explain the difference between ascenders and descenders using the mouse icons shown on pages 5–30.
- Lowercase letters with ascenders (head and body of the mouse) include b, d, h, k, l, and t.
- Lowercase letters without ascenders or descenders (body of the mouse) include a, c, e, i, m, n, o, r, s, u, v, w, and x.
- Lowercase letters with descenders (body and tail of the mouse) include q, j, p, q, y, and z.
- Lowercase letters with ascenders and descenders (head, body, and tail of the mouse) include f.
- Uppercase letters with ascenders (head and body of the mouse) include A, B, C, D, E, F, G, H, I, K, L, M, N, O, P, Q, R, S, T, U, V, W, and X.
- Uppercase letters with ascenders and descenders (head, body, and tail of the mouse) include *J*, *Y*, and *Z*.

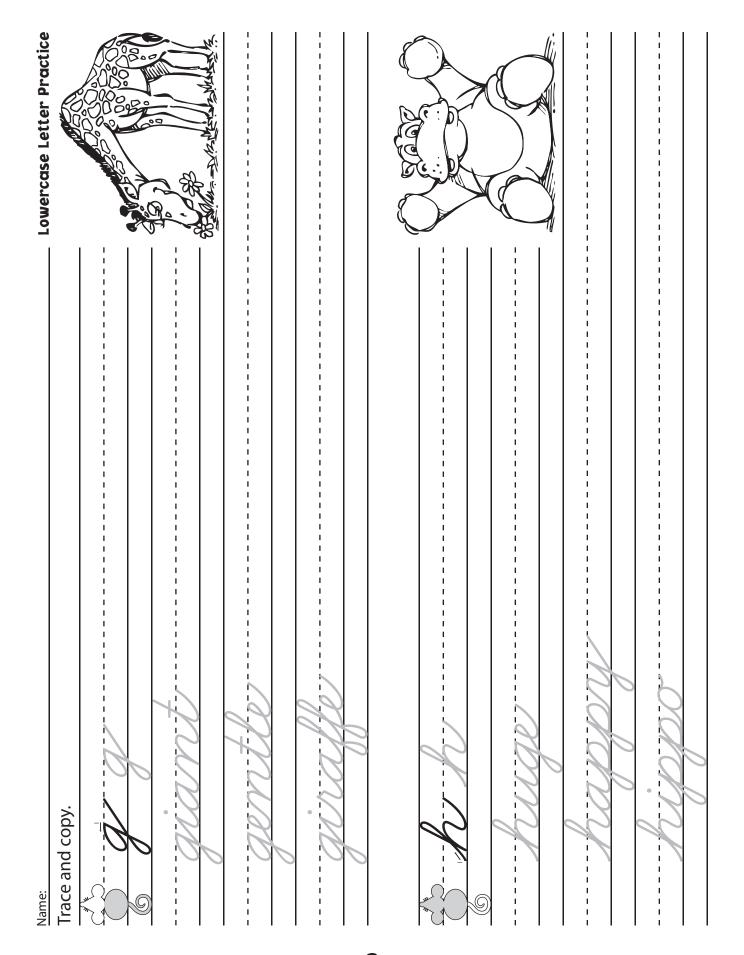
When teaching spacing between words and sentences, encourage proper spacing by having students place a narrow object, such as a pencil, between words and sentences.

To assemble the Tongue Twister Booklet (pages 115–128), make single-sided copies of each page. Cut off the footer from each page and cut each page in half along the cut line. Measure 3.75 inches (9.525 cm) from the cut line and trim each page. Then, arrange the booklet pages and staple the left-hand side twice vertically.



| _ Lowercase Letter Practice | | | | | | |
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| _ Lowercase Letter Practice | | | | | | | | |
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